**Sports Physical Packet Instructions: 12 pages (PLEASE READ & COMPLETE)**

Pg. 1: (Middle School Consent): filled out by parent completely at the top and student name, signature and date on bottom. \_\_\_\_ (check off)

Pg. 2 (back of page 1): (Middle School Consent): Insurance info, parent name, signature, date. \_\_\_\_ (check off)

Pg. 3: (Middle School Consent-Pre-participation Physical Evaluation): To be filled out by PARENT/GUARDIAN and signed by student and parent, dated also. \_\_\_\_ (check off)

Pg. 4: (back of page 3): Current physical must be stamped, signed & dated by licensed medical personnel and/or medical staff. Must be done on this form or a licensed form from a doctor. Must say ‘cleared without limitation. \_\_\_\_ (check off)

Pgs. 5/6: Concussion, Sudden Cardiac Arrest and Heat Illness Consent and Release: read, sign and date by student athlete and parent/guardian (back side.) \_\_\_\_ (check off)

Pg. 7: The parent/guardian must complete all information & sign AND have a person of legal age witness their signature on the "Medical Authorization Form". This form is important as it relates to any medical concerns of the athlete along with insurance information. \_\_\_ (check off) Must be of the current 2021-2022 school year.

\*\* NEW Pgs: 8/9: Assumption of the Risk and Waiver of Liability Relating to Coronavirus/Covid 19: \_\_\_\_ (check off)

Pgs 10/11 (OPEN FACILTITIES/SUMMER ATHLETIC PARTICIPATION): Must be filled out and signed. This is for OPEN INTRAMURALS (playing sports out of season: clinics, after school intramurals) \_\_\_\_ (check off)

**\*\* Sport tryout information and dates sent out via REMIND by sending a text to 81010. Text this message: @cabd3f**

Student Athlete’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Today’s Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_ Birth Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Completion of Concussion IMPACT test: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*All forms must be completed in its entirety or they will be returned to the student/parent\*

**Any questions, E-mail: Patricia.abell@osceolaschools.net**

To play Osceola County Competitive Middle School Sports, what does my child need PRIOR to trying out for a sport:

1) Completed Middle School Athletic Sports Physical Packet (11 pages) with above checklist completed

2) Completion of IMPACT concussion baseline test at home or school.

3) Maintain proper grades (at least a 2.0 GPA and no F’s or no more than 2 D’s on recent report card.)

4) Attend Sport tryout. Note these are competitive teams ……. making a team is not guaranteed.